

Markaziy nerv sistemasining perinatal zararlanishi bilan tug'ilgan bolalardagi ko'ruv analizatorining o'ziga xos klinik ko'rinishi

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Annotatsiya

Markaziy nerv sistemasining perinatal zararlanishi bilan tug'ilgan 50 ga yaqin chaqaloqlarning natijalari bayon etilib, ularning yosh ko'rsatkichlari 10 kundan to 8 yoshgacha bo'lgan davr oralig'ida bo'lgan. Ushbu chaqaloqlarni tekshirish maqsadida oftalmologik, klinik-laborator va instrumental-diagnostik usullardan foydalanilgan. Bundan tashqari tor mutaxassislar ko'rigi ham amalga oshirilgan. Markaziy nerv sistemasining perinatal zararlanishi bilan aziyat chekadigan bolalarning ko'ruv analizatorlaridagi klinik o'zgarishlarning tahlili quyidagi ko'rsatkichlarni bayon etdi: glaukoma 14 ta (35%), katarakta 12 ta (32%), ko'ruv nervi diski atrofiyasi 5 ta (8%), birlamchi g'ilyalik 2 ta (1%), ko'ruv nervi diski gipoplaziyasi 5 ta (4%), chaqaloqlardagi bosh miyaning onkologik kasalliklari (1%), to'rparda angiopatiyasi 3 ta (2%) holatlari ko'rsatildi. Bulardan tashqari 9 ta (18%) nistagm va ikkilamchi g'ilyalik holatlari ham kuzatildi. Neyrosonografiya tahlillari asosida shu narsa ma'lum bo'ldiki, gipokso-ishemik ensefalopatiya va ventrikulo-dilyatatsiya holatlari glaukoma (10 ta 72%) va katarakta (3 ta 21%) bilan tug'ilgan bchaqaloqlarda qon tomirlar stenoz bilan namoyon bo'lgan. Elektroensefalografiya tekshirish usullari olib borilganda po'stloq osti tuzilmalarning epiaktivlik holatlari 6 ta (12%) chaqaloqlarda kuzatilgan bo'lib, ularning barchasida tug'ruq travmalari natijasida ko'z tubi jarohatlari va buning oqibatida g'ilyaliklar kuzatilgani aniqlandi. Yuqorida bayon etilgan oftalmopatiya holatlariga olib keladigan perinatal xavf omillari quyidagilarni tashkil etadi: temir tanqisligi bilan bog'liq bo'lgan anemiya 23 ta (46%), homiladorlikdagi erta toksikoz holatlari 17 ta (34%) va o'tkir respirator infeksiyalar 13 ta (26%).

Kalit so'zlar: Markaziy nerv sistemasining perinatal zararlanishi, chaqaloqlardagi bosh miyaning onkologik kasalliklari, neyrosonografiya, elektroensefalografiya, oftalmopatiya, perinatal xavf omillar.

Специфическая клиническая картина зрительного анализатора у детей, родившихся с перинатальным поражением центральной нервной системы

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Аннотация

Представлены результаты обследования 50 больных в возрасте от 10 дней до 8 лет с перинатальной патологией центральной нервной системы. Были проведены офтальмологические, клинико-лабораторные, инструментальные методы исследования, а также организованы консультации узких специалистов. Изучены клинические особенности изменений органа зрения у детей с сопутствующей перинатальной патологией центральной нервной системы, которые были представлены следующим образом: глаукома 14 (35%), катаракта 12 (32%), атрофия диска зрительного нерва 5 (8%), патология придаточного аппарата (первичное косоглазие) 2 (1%), гипоплазия диска зрительного нерва 5 (4%), онкологические заболевания головного мозга новорожденных (1%), ангиопатия сетчатки 3 (2%) случая соответственно. Также выявлены нистагм и вторичное косоглазие – 9 (18%) случаев, которые сочетались с некоторыми из выше перечисленных патологий. При анализе данных нейросонографии, гипоксическо-ишемические нарушения с усиленной пульсацией сосудов головного мозга и вентрикуло-дилатацией отмечены у детей с врожденной глаукомой в 10 (72%), с врожденной катарактой в 3 (21%), со стенозом слезно-носового канала в 1 (7%) случаях соответственно; по данным электроэнцефалографии, эпилептиформная активность подкорковых структур головного мозга была выявлена у 6 (12%) детей с патологией глазного дна и косоглазием при детском церебральном параличе и последствиях родовой травмы. Представлены перинатальные факторы риска развития выявленной офтальмопатологии: железодефицитная анемия 23 (46%), ранний токсикоз беременных 17 (34%), острые респираторные инфекции 13 (26%) случаев.

Ключевые слова: перинатальная патология центральной нервной системы; онкологические заболевания ЦНС у новорожденных; нейросонография

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A specific clinical picture of vision analyzer in children born with perinatal damage of the central nervous system

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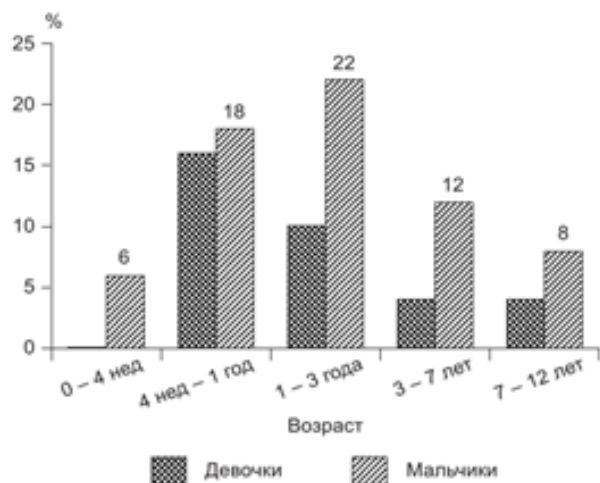
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Abstract

The results of examination of 50 patients aged from 10 days to 8 years with perinatal pathology of the central nervous system are presented. Ophthalmological, clinical-laboratory, instrumental research methods were carried out, as well as consultations of narrow specialists were organized. The clinical features of changes in the organ of vision in children with concomitant perinatal pathology of the central nervous system were studied, which were presented as follows: glaucoma 14 (35%), cataract 12 (32%), atrophy of the optic disc 5 (8%), adnexal pathology (primary strabismus) 2 (1%), hypoplasia of the optic disc 5 (4%), oncological diseases of the brain of newborns (1%), retinal angiopathy 3 (2%) cases, respectively. Nystagmus and secondary strabismus were also detected - 9 (18%) cases, which were combined with some of the above pathologies. In the analysis of neurosonography data, hypoxic-ischemic disorders with increased pulsation of cerebral vessels and ventriculo-dilation were observed in children with congenital glaucoma in 10 (72%), with congenital cataract in 3 (21%), with stenosis of the lacrimal canal in 1 (7%) cases, respectively; According to electroencephalography data, epiactivity of the subcortical structures of the brain was detected in 6 (12%) children with pathology of the fundus and strabismus in cerebral palsy and the consequences of birth trauma. Perinatal risk factors for the development of the identified ophthalmopathy are presented: iron deficiency anemia 23 (46%), early toxicosis of pregnant women 17 (34%), acute respiratory infections 13 (26%) cases.

Keywords: perinatal pathology of the central nervous system; oncological diseases of the central nervous system in newborns; neurosonography; electroencephalography; ophthalmopathy; perinatal risk factors.

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1-rasm. Bolarning jinsi va yoshiga bog'liq holda taqsimlanishi. Absissa o'qi bo'yicha bolalarning jinsi va yoshi; ordinata o'qi bo'yicha esa bolalarning miqdori % ko'rsatgichlarida ifodalangan.

Kirish. Nerv sistemasining perinatal zararlanishi homilaning antenatal davrda, tug'ruq paytida va tug'ilgandan keyingi birinchi kunlarda zararli omillar ta'sirida yuzaga keladigan turli xil patologik holatlarni birlashtiradi. Bolalar nogironligi tuzilmasida nerv sistemasining perinatal zararlanishi taxminan 50% ni tashkil qiladi, 60-70% hollarda esa perinatal shikastlanishlar barqaror o'sayotgan xavf omili sifatida qayt etilmoqda [2].

Bola hayotning birinchi kunlaridan boshlab aniqlangan turli neurologik kasalliklar (motor buzilish sindromi, tutqanoq sindromlari, gidrosefalik sindromlar va boshqalar) markaziy asab tizimining perinatal patologiyasi (MNSPP) oqibatlari bo'lib, ularning eng keng tarqalgan formasi bu bollar bosh miya falajligi hisoblanadi (BBMF). MNSPP va BBMF bilan tug'ilgan bolalar hayotining birinchi kunlaridayoq ko'rish analizatori bila bog'liq bo'lgan muammolar kuzatildi. MNSPP va BBMFliklari kuzatilgan bolalarning 25 foizida kasallikning klinik ko'rinishini sezilarli darajadagi ko'rishning buzilishi qayd etilgan [3, 4]. Bosh Miyaning va ko'ruv analizatorining to'liq shakllanmasligi yoki yetilmaganligi ham bu holatning yuzaga kelishiga zamin yaratib beradi va hujayra darajasidagi o'zgarishlarni yuzaga keltiradi. Shu bilan birga, tizimli va funktsional ko'rinishlar o'zlarining xavf davrlari bilan ajralib turadigan ma'lum kimyoviy jarayonlar natijasida yuzaga keladi, bunda rivojlanayotgan sistemalarda zararli ta'sirlari mavjud bo'lgan moddalarga o'ta sezgir va zaif bo'ladi [5]. Teratogen omillar ta'sirida homiladorlik davrida patologik anormallik bilan bog'liq bo'lgan bolalarda ko'z kasalliklari, bolaning onasida tug'ilishning noqulay kechishi, bemorning o'zida neonatal davrda ko'rishning zaiflashishiga va xattoki ko'rlikka olib kelishi mumkin. Neonotologlar, pediaterlar va nevrologlar bola tug'ilgandan keyin hayotining birinchi oyida birinchi navbatda hayotiy muhim ko'rsatgichlarni tiklash va nevrologik klinik belgilarni bartaraf etishga urinadilar, ammo lekin ko'rish analizatori bilan bog'liq bo'lgan muammolar esa aniq bir klinik ko'rinish bermaganligi sababli nazardan chetda qolib ketaveradi. Bolada mavjud bo'lgan ko'rish analizatori bilan bog'liq bo'lgan muammolar esa ancha keyin diagnostika qilinadi bu esa jarayonning yanada og'irlashib kasallikning surunkali bosqichiga yetaklab keladi [6].

Maqsad: markaziy nerv sistemasining perinatal patologiyasi bilan tug'ilgan bolalardagi oftalmoplegiya holatlarini aniqlash.

Material va usullar. SamMU 1-son klinikasining nevrologiya va oftalmologiya bo'limida statsionar tarzda

davolanib kelayotgan hamda Samarqanddagi perinatal markazda konsultativ yordam so'rab murojat qilgan 50 ta bola (100 ta ko'z) tekshirishdan o'tkazildi. Bemorlarga quyidagi tekshirish usullari qo'llanildi: oftalmologik (vizometriya, tonometriya, biomikroskopiya, oftalmoskopiya), klinik-laborator va instrumental usullar: neyrosonografiya, EEG. Hamda tor sohadagi mutaxassislar (nevrolog, pediater va anesteziolog) ko'rigi joriy etildi.

Natija va tahlillar. Tekshirilgan bemorlarning 30 tasi (72%) o'g'il bolalar va 20 tasi (28%) qiz bolalar bo'lib, ularning yoshi 10 kundan 8 yoshgacha bo'lgan. 4 haftadan 1 yoshgacha va 1 yoshdan 3 yoshgacha bo'lgan yosh guruhlarida ko'pchilik o'g'il bolalar edi (1-rasm). Retrospektiv tahlil natijasida onalarning sog'lig'i, homiladorlik va tug'ish jarayoni, embrional rivojlanish bosqichlari va bolalar tug'ilishi to'g'risida anamnez ma'lumotlari to'plandi, bu esa bir qator omillarni aniqlashga imkon berdi. umuman bolaning tanasiga ham, tug'ruqdan keyingi shakllanishi va MNS faoliyatiga ham salbiy ta'sir ko'rsatadi, xususan, bu salbiy omillar 2 guruhga bo'lingan. Birinchi guruhga homiladorlik davrida ayollarga ta'sir qiluvchi tashqi omillar (82%) tashkil topgan; ikkinchisi - tug'ruq paytida ta'sir qiluvchi omillar kiritilgan bo'lib, ularning chastotasi 18% ni tashkil etgan (1-jadval). Adabiyotlarga ko'ra, embrion rivojlanishining 37-49 (9-12 hafta) kunida miyaning yon qorinchalarining rudimentlari paydo bo'ladi, orqa miya bilan aloqa o'rnatiladi va markaziy asab tizimining ultrastrukturali differentsiatsiyasi sodir bo'ladi; ko'rish organi tomonidan - rangdor parda stromasining rivojlanishi, ganglioz hujayralaridan nerv tolalarining ko'ruv nervi orqali ko'ruv kanaliga kirishi, ko'rish traktining rivojlanishi, qisman dekussatsiya, xoroidal chigalning paydo bo'lishi, kuzatiladi [5]. Tekshiruv guruhidagi bolalarning onasida homiladorlikning aynan shu davrida noqulay ta'sir yuzaga kelgan va bu esa o'z navbatida MNSPP bilan tug'ilgan bolalarda oftalmoplegiyaning paydo bo'lishiga turtki bo'lib xizmat qilgan. Anamnezlarni yig'ish davomida shu narsa ma'lum bo'ldiki 8 ta (14%) bola yaqin qarindosh orasidagi nikohdan tug'ilgan. MNSPP bilan tug'ilgan bemorlarda ushbu patologiyani quyidagi davrlari joriy etilgan: o'tkir davr 2ta (4%), erta tiklanish davri 12 ta (20%), kechgi tiklanish davri 17 ta (4%) va qoldiq asoratlar bosqichi 11 ta (29%) ni tashkil etgan. MNSPP quyidagi sindromlar bilan birga namoyon bo'lgan: erta tiklanish davrida harakat buzilish sindromlari bilan (6%), asteno-nevrotik (7%), vegeto-visteral disfunktsiya (8%), gidrosefal (4%), livoro-tomir distenziyasi (2%); kechki tiklanish davrida harakat buzilish sindromlari bilan (5%), asteno-nevrotik (5%), psixomotor rivojlanishdan orqada qolish (10%), livoro-tomir distenziyasi (10%), tutqanoq sindromlari (9%) va gipertenzion sindrom (8%); qoldiq asoratlar davrida BBMF (8%), MMD (13%), nutqiy rivojlanishdan orqada qolish (10%), epilepsiya holatlari esa (2%) ni tashkil etgan. Bosh miyaning anomaliyalaridan mikrocefaliya 12% holatda va ArnoldKiari 2% hollarda kuzatilgan. Neyrosografik ma'lumotlar asosida 28% holatda gipokso-ishemik jarayonlar va 72% hollarda esa likvor yo'llari diliotatsiyasi joriy etilgan.

Bundan tashqari tug'ilgan bolalarda quyidagi oftalmopatologik holatlar ham kuzatilgan: glaukoma 12 ta (31%), katarakta 14 ta (29%) ko'ruv nervi atrofiyasi 9 ta (21%), birlamchi g'ilaylik 3 ta (5%) ko'ruv nervi displaziyasi 2 ta (3%), angiopatiya to'rt pardada 1 ta (4%), nistagm va ikkilamchi g'ilaylik 9 ta (7%) ni tashkil etgan.

Oftalmologik o'zgarishlar bilan birga gidrosefaliya (12%), asteno nevrotik sindrom (10%), vegeto-visseral holat (6%) likvor yo'llari distenziyasi 12%, MMD 16% va BBMF 10% kuzatilgan (2-jadval).

Nevrologiya bo'limida davolanayotgan bemorlarda EEG ma'lumotlariga tayangan holda shu narsa ma'lum bo'ldiki 6 ta (12%) bolada po'stloq osti tuzilmalarida epiaktivlik kuzatilgan.

Xulosa. 1. MNSPP bilan tug'ilgan bemorlarda har ikkala ko'zlarida oftalmopatologiyalar kuzatilgan.

2. Tekshirish olib borilgan bemorlarda quyidagi oftalmoplegik holatlar qayd etilgan: tug'ma glaukoma 16ta (31%), tug'ma katarakta 17 ta (32%), ko'ruv analizatori

yordamchi apparatlarining patologiyalari (g'ilylik, nistagm, burun-ko'z yosh kanali stenoz) 5tan (11%), ko'z tubidagi o'zgarishlar (to'r parda qon tomirlari angiopatiyasi va ko'ruv nervi diski atrofiyasi) 12 ta (26%) hollarda kuzatilgan.

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